Friendship Heights Village Center



Calendar of Events 2018

M Is it all Greek to you? 8:15 a.m.: Walking 9:15 a.m.: Drop-in Tai 9:30 a.m.: Tai Chi 8:15 a.m.: Walking 8:15 a.m.: Walking Ongoing 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise Club If you have an interest in joining a Club Club 9 a.m. – 1 p.m.: Twin 11 a.m. - 4 p.m.: Village 10:30 a.m.: Coffee and 12 – 4 p.m.: Blood Modern Greek Conversation Club that Playtime Current Events Pressure Screening Springs 9:30 a.m.: Photography 7 p.m.: Movie: Film 12 p.m.: Chess group 10:30 a.m.: Balance, 1 p.m.: Balance and Fall would meet weekly at the Village Center 1 p.m.: All in the Eyes Stars Don't Die in Movement and Prevention for Children for fellowship and discussion, please 7:30 p.m.: Concert: Liverpool Memory 2 – 4 p.m.: Nurse 10:30 a.m.: Basic **New Brass Quintet** email greekconvoclub@gmail.com. Specialist Photography 3 – 4 p.m.: Tea 6:30 p.m.: Pilates Note: the group welcomes speakers of all levels, but it is not a class for nonspeakers. 9:10 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: 8:15 a.m.: Walking 9:30 a.m.: Tai Chi 9:15 a.m.: Drop-in Tai 9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 8:15 a.m.: Walking 8:15 a.m.: Walking Ongoing 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise Chi 10:30 a.m.: Coffee and Current Events Club Club 11 a.m. – 4 p.m.: Village Club Coffee and 12 – 4 p.m.: Blood 9 a.m. – 1 p.m.: Twin 12:30 p.m.: Bridge Playtime Sunday Papers Pressure Screening 1 p.m.: Balance and Fall Springs 9:30 a.m.: Photography Club 12 p.m.: Chess Group 11 a.m.: Still Life and 10:30 a.m.: Balance, 1 p.m.: Strength Beyond
7 p.m.: Movie: The 1 p.m.: All in the Eyes Movement and Prevention Training for Children 1 p.m.: Seniors on Memory 2 p.m.: Speech Therapy 10 a.m. – 12 p.m.: Tech 1 p.m.: Abstract Post and Support Help 10:30 a.m.: Basic 5:30 p.m.: Community Painting **Group** - 4 p.m.: Nurse **Advisory Committee** Photography Mtg. Specialist 7:30 p.m.: Concert: 3 – 4 p.m.: Tea **Martime Voices** 6:30 p.m.: Pilates 9:10 a.m.: Yoga 9:30 a.m.: Tai Chi 8:15 a.m.: Walking 9:30 a.m.: Tai Chi Intro. 10 a.m.: Great Books 8:15 a.m.: Walking 9:15 a.m.: Drop-in Tai Ongoing 10:15 a.m.: Yiddish 11 a.m.: Chair Exercise 9:30 a.m. – 1:30 p.m.: 7 a.m.: Royal Wedding Club Club Chi Viewing Party 8:15 a.m.: Walking Coffee and 11 a.m.: Village Book Club 11 a.m. - 4 p.m.: Village 12:30 p.m.: Bridge 10:30 a.m.: Coffee and Sunday Papers Playtime **Current Events** Club 12 p.m.: Chess Group 12 – 4 p.m.: Blood Club 11 a.m.: Still Life and 1 p.m.: Strength 10:30 a.m.: Balance, 1 p.m.: Suburban Beyond
7 p.m.: Movie:The Pressure Screening 9 a.m. - 1 p.m.: Twin Training

2 p.m.: Meditation Movement and Lecture: "Think Springs 9:30 a.m.: Photography for Children 1 p.m.: Balance and Fall Memory 1 p.m.: Abstract and You with Julie Prevention Greatest 2 – 4 p.m.: Nurse Specialist 1 p.m.: All in the Eyes Potter Painting 5:30 p.m.: Program
Advisory Committee 10 a.m. - 12 p.m.: Tech 7:30 p.m.: FRIENDSHIP 3 – 4 p.m.: Tea Help Mtg. 10:30 a.m.: Basic 6:30 p.m.: Pilates **HEIGHTS VILLAGE** 7:30 p.m.: Concert: Photography COUNCIL MEETING David McLaughlin 8:15 a.m.: Walking 9:10 a.m.: Yoga 9:30 a.m.: Tai Chi Intro. 8:15 a.m.: Walking 9:30 a.m.: Tai Chi 9:15 a.m.: Drop-in Tai 8:15 a.m.: Walking Ongoing 10:15 a.m.: Yiddish 9:30 a.m. - 1:30 p.m.: 10 a.m.: Great Books Club Club 11 a.m. – 4 p.m.: Village Club 10:30 a.m.: Coffee and 12 – 4 p.m.: Blood 9 a.m. – 1 p.m.: Twin Coffee and 12 p.m.: Vision Sunday Papers Pressure Screening 11 a.m.: Chair Exercise Current Events Springs Playtime **Support Lunch** 1 p.m.: Balance and Fall 12 p.m.: Chess Group 10:30 a.m.: Balance, 11:30 a.m. - 1:30 p.m.: 11 a.m.: Still Life and and Learn 1 p.m.: All in the Eyes **7:30 p.m.: Concert:** Prevention 2 – 4 p.m.: Nurse Movement and **Art Reception** Beyond Memory 12:30 p.m.: Bridge 7 p.m.: Movie:Thor 1 p.m.: Abstract Club Kinor Dancers Specialist Painting 1 p.m.: Strength 3 – 4 p.m.: Tea Training
7 p.m.: Café Muse 6:30 p.m.: Pilates **Tech Help** 8:15 a.m.: Walking **Memorial Day** 9:30 a.m. - 1:30 p.m.: Club 9:30 a.m.: Tai Chi Village resident Ananmay Sharan will come to Center Open 8:15 a.m.: Walking Ongoing 10:15 a.m.: Yiddish 10 a.m. - 2 p.m.: MVA Coffee and 9 a.m. to 2 p.m. Club the Center on select Saturdays (May 12 and 19) Mobile Office 11 a.m. – 4 p.m.: Village Sunday Papers 9:30 a.m.: Tai Chi Intro. 12 – 4 p.m.: Blood 12 p.m.: Chess Group this month from 10 a.m. to noon to help answer 10 a.m.: Great Books Playtime 11 a.m.: Still Life and Pressure Screening 1 p.m.: SHIP on a variety of computer questions. Ananmay is Shuttle Bus runs on 1 p.m.: Depart for Tour Medicare 1 p.m.: All in the Eyes **7:30 p.m.: Meditation** a high school junior who is passionate about and Tea weekend schedule 2 - 4 p.m.: Nurse 7:30 p.m.: Concert: and You with Julie technology. He hopes to study computer Specialist **Mark Hanak** Potter 3 – 4 p.m.: Tea 6:30 p.m.: Pilates science in college. Please bring your device with you.

Shuttle bus hours



Monday through Friday Saturday and Sunday 6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m. Friday 9 a.m. to 5 p.m. Saturday and Sunday 9 a.m. to 2 p.m.

Produce market returns to the village

Twin Springs Fruit Farm will set up its market on **Saturday**, **May 5**, **from 9 a.m. to 1 p.m.**, and will be on the portico of the Friendship Heights Village Center every Saturday until mid-December.

During May, the farmers expect to have their own greenhouse tomatoes, arugula, cucumbers, basil, sweet peppers and spring mixed greens. In addition, they will feature fresh asparagus, radishes, spring onions, lettuce and other

radishes, spring onions, lettuce and other veggies. Also available in May are strawberries, red raspberries, cherries, baked goods, jams and jellies, apples, cheese and eggs. See you at market!